



www.CapeCodFamilyResourceCenter.org

The Cape Cod Family Resource Center is one of twenty-four such centers spread across Massachusetts. As part of this statewide network, we offer evidence-based parent education programs, parent support groups, information and referral resources, and school support services for families from every community on Cape Cod. All services offered to families at no cost, regardless of insurance or income.

Hours of Operation

Monday	9 a.m. to 5 p.m.
Tuesday	10 a.m. to 7 p.m.
Wednesday	10 a.m. to 7 p.m.
Thursday	10 a.m. to 7 p.m.
Friday	9 a.m. to 5 p.m.

First and Third Saturdays of Each Month
9 a.m. to 11 a.m.

Cape Cod Family Resource Center
29 Bassett Lane
Hyannis, MA 02601

508-815-5100

www.CapeCodFamilyResourceCenter.org

 [Facebook.com/CapeCodFamilyResourceCenter](https://www.facebook.com/CapeCodFamilyResourceCenter)

 **Family
Resource Centers**
A Massachusetts Family Resource Center

Cape Cod Family Resource Center

Serving families from every community on Cape Cod, regardless of insurance or income.

- Parent Education & Support
- Information & Referrals
- Child and Youth Assessments
- Help Navigating Resources


**FAMILY
CONTINUITY**
Supporting family success
in every community



Family Support and Partnership

Do you need a hand up? Are you looking for assistance? The Cape Cod Family Resource Center is here to help you navigate the often-confusing landscape of programs and access assistance that is available in your community.

Our **Family Support Workers** are here to help you access needed assistance and provide information and referrals to programs and services in our resource center, as well as connect you with resources in the community. 508-815-5175 or 508-815-5078

Our **Family Partner** will work with you and your family, along with our clinician, to develop a family support plan that best meets your needs while nurturing, empowering, and supporting you in achieving your goals.

508 – 815-5143

Clinical

Our staff includes a licensed master's level, **Clinician** to assist families in identifying their individual needs as well as developing a family support plan to assist them in completing their goals.

508-815- 5111

School Liaison

Navigating your way through the education and special education systems and understanding the process can be daunting and confusing for many people. We have a **School Liaison** on staff who is here to help. Whether it is finding the right school, understanding an Individual Education Plan (IEP) or a 504 Plan, or learning how to advocate for your family's needs, we will support you with resources and education. An important focus for the School Liaison is families with children involved with the Children Requiring Assistance Program (CRA, formerly CHINS).

508-815-5074

Parent Education

At the Cape Cod Family Resource Center, we offer a variety of parenting support groups as well as evidence-based parenting classes, such as Active Parenting of Teens, Parenting Journey, Family Nurturing, etc. These classes can help parents learn how to better understand their children's needs and make the difficult job of parenting a little easier for everyone. Additionally, we provide opportunities for parents to develop supportive networks amongst themselves and within their own communities. All of these groups and classes are always free and often include dinner and childcare.



Program Director

Terriann Morin

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508-815-5180

Visit us on the Web:

www.CapeCodFamilyResourceCenter.org



Facebook.com/CapeCodFamilyResourceCenter